## POLLUTION OF OUR PLANET

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Pollution is the introduction by man into the environment of contaminants that causes harm or discomfort to humans or other living organisms, or damages the environment. Pollution can be in the form of <a href="mailto:chemical">chemical</a> substances, or <a href="mailto:energy">energy</a> such as noise, heat, or light. Pollution is often categorized into <a href="mailto:point source">point source</a> and <a href="mailto:nonpoint source pollution">nonpoint source</a> pollution.

In the hierarchy of controls, <u>pollution prevention</u> and <u>waste</u> <u>minimization</u> are more desirable than pollution control. Motor vehicle emissions are one of the leading causes of air pollution. <u>China</u>, the <u>United States</u>, <u>Russia</u>, <u>Mexico</u>, and <u>Japan</u> are the world leaders in air pollution emissions; however, <u>Canada</u> is the number two country, ranked per capita. Principal stationary pollution sources include <u>chemical plants</u>, coal-fired <u>power plants</u>, <u>oil refineries</u>, <u>petrochemical plants</u>, <u>nuclear waste</u> disposal activity, incinerators, large livestock farms (dairy cows, pigs, poultry, etc.), metal production factories, plastics factories, and other heavy industries.

Pollution can also be the consequence of a natural disaster. For example, <u>hurricanes</u> often involve water contamination from sewage, and <u>petrochemical</u> spills from ruptured <u>boats</u> or <u>automobiles</u>. Larger scale and environmental damage is not uncommon when coastal <u>oil rigs</u> or <u>refineries</u> are involved. Some sources of pollution, such as <u>nuclear power</u> plants or <u>oil tankers</u>, can produce widespread and potentially hazardous releases when accidents occur. In the case of <u>noise pollution</u> the dominant source class is the <u>motor vehicle</u>, producing about ninety percent of all unwanted noise worldwide.

Adverse <u>air quality</u> can kill many organisms including humans. Ozone pollution can cause <u>respiratory diseases</u>, <u>cardiovascular diseases</u>, <u>throat</u> inflammation, chest pain, and congestion. Water pollution causes approximately 14,000 deaths per day, mostly due to contamination of <u>drinking water</u> by untreated <u>sewage</u> in the <u>developing countries</u>. Oil spills can cause <u>skin</u> irritations and rashes. Noise pollution induces <u>hearing loss</u>, <u>high blood pressure</u>, <u>stress</u>, and <u>sleep disturbance</u>.

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