The female circumcision among the members of the kuria tribe is done by the old women who are trained and assigned for that job; therefore before any woman is married, they will make sure that she is circumcised and therefore she deserves and she is ready to make a wife, and in case she is not yet circumcised then the women will have to do the circumcision for her.

The female circumcision as one of the traditions of the kuria tribe in Tanzania have the following effects to the women who are circumcised:

1. It can lead to the spread of diseases. This is because most of the tools used during the process are not safe and sterilized because they are used by different people; therefore, this can lead to the spread of diseases one person to the other.

2. Excessive loss of blood which sometimes it can lead to death.

This is because during this process, the women who is circumcised loses a large amount of blood; this can sometimes lead to the death of an individual.

3. Psychological effects.

This act of female circumcision affects some of the women psychologically especially those who are not in favour of the act.

Not all the cultural practices that are done by our various societies are good and should be encouraged some of them have to be strongly discouraged because they are just poor and native beliefs and they have some effects to a certain group of people in the society just like the female genital mutilation which in real sense it is of no any importance in the society but rather it affects the women in the kuria society therefore it should be strongly discouraged among the members of the kuria society.