

## **THE PROSPECTS OF REHABILITATION**

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Rehabilitation has long been lacking in a unified conceptual framework. Rehabilitation is always voluntary and some people may need help in deciding on the choice of rehabilitation. In all cases, rehabilitation should help strengthen the person with disabilities and his family. Rehabilitation completes this by focusing on the effects that health, developmental difficulties or disability have on people's lives, and not just on its diagnosis.

Young people are the most vulnerable and strategically important to the population. That is why the priority task of modern medicine and rehabilitation is prevention, aimed at raising awareness among young people about the harmful effects of false lifestyles, early diagnosis of these effects, and rapid and complete correction of defects found by non-medical methods.

Rehabilitation can improve health, reduce disability and improve the quality of life. Rehabilitation, which starts soon, provides the best functional results for almost all health conditions associated with disability. The effectiveness of early intervention is particularly evident for children with development delays or those at risk of development, and it has been proven that the results of school and development are increasing.

Rehabilitation medicine has shown positive outcomes, for example, in improving joint and limb function, pain management, wound healing, and psycho-social well-being.

The modern health system must do much more than stop people dying. It should enable them to live their lives, maximize their potential and maximize their contribution to family life, their community and society as a whole. Rehabilitation completes this by focusing on the effects that health, developmental difficulties or disability have on people's lives, and not just on its diagnosis. This implies working in collaboration with a person and those who are important to him, so that they can maximize their potential and independence, as well as having the opportunity to choose and control their lives.

It is increasingly recognized that effective rehabilitation provides better results and better quality of life, as well as reducing health inequalities and significant cost savings in the health and health care system.

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