

PHYSICAL REHABILITATION OF CHILDREN

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At present, the issue of child rehabilitation is very important. Rehabilitation is achieved by focusing on the impact of a condition of health, developmental difficulties or disability on a person's life, and not on their diagnosis.

In many countries, measures taken in relation to the situation of children with disabilities are mainly limited to institutionalization, abandonment or negligence. These answers are a problem and are based on negative or paternalistic assumptions about incapacity, dependency and differences perpetuated by ignorance.

We need commitment to these children's rights and their future, giving priority to the most disadvantaged - as a matter of justice and the good of all. Children with disabilities face different forms of exclusion and suffer in different degrees depending on the type of disability, where they live, and also on the culture or class to which they belong. As part of efforts to promote inclusion and equity, children with disabilities should be able to obtain support from their families, disability organizations, parents' associations and community groups.

They should also be able to count on the allies. International partners can provide assistance compatible with the conventions. Intensification of education, expanded curriculum, inefficient management of education, stress in education and decline in physical activity are factors that characterize current education and lead to an increase in morbidity, a decrease in the level of health of young people, etc.

The situation is becoming more serious due to growing physical activity in the school environment (blind computers, computer games), etc.). Physical training classes compensate only 10-13 % of the amount of physical activity required by the child's body. Increasing training and reducing physical activity consistently show a reduction in the physical health of pupils.

Children and young people with disabilities are among the most authoritative sources of information about what they need and whether their needs are satisfied.

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